Treat Em & Street Em: Asymptomatic Hypertension

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Disclosures

Jessica Hobbs, DO, FACEP

I have no relevant financial disclosures

Learning objectives

- Understand best practice guidelines for emergency management of asymptomatic hypertension

- Apply criteria to determine what is true symptomology of hypertensive crisis

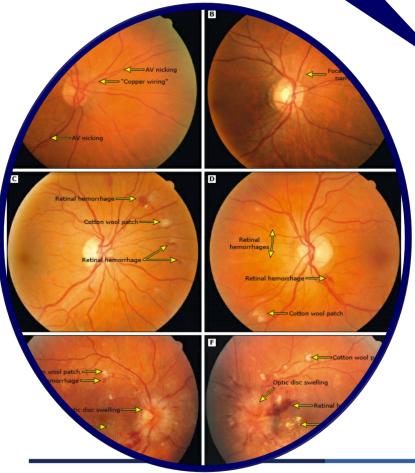- Used shared decision making strategies to manage patient flow and follow up
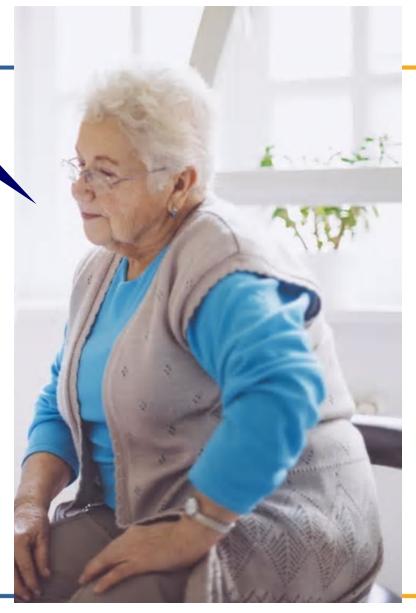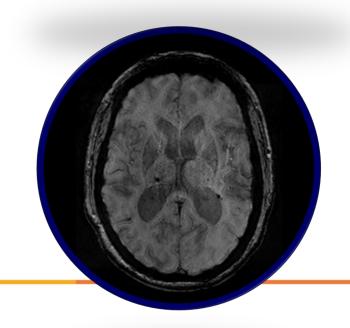
"They said my BP was dangerously high!"

Doctor, I feel just fine!

Meaningful patient interventions in the ED

- Adherence to dietary and lifestyle choices

- Adherence to chronic antihypertensive medications

- Daily blood pressure monitoring

- Follow up with PCP for further decision-making

Summary: Asymptomatic hypertension in the Emergency Department

- Main bullets for this two-column layout is sentence case with a 20 point font size.
  - Sub-bullets are 20 point font size.
- All bullets use the Arial font.
- For a clear and easily digestible message, keep bullets short and to the point.

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